

Sunrise Elementary PBS Lesson Plan

Skill: Being responsible, having integrity, being safe, and being enthusiastic.

Setting: Playground

Read Aloud to Students:

Today we are going to discuss the procedures of the playground.

- Line up when whistle is blown and prepare to enter building
- Report problems to teacher on duty
- Use appropriate language
- Play fair
- Return equipment to cage
- Stay in approved area
- Use equipment appropriately
- Be a good sport

Teacher Models for Students:

Example:

- Teacher will go throughout playground explaining appropriate playground behaviors. Teacher will demonstrate how to use appropriate language. Teacher will demonstrate how to leave rocks on the ground and leave trees alone. Teacher will demonstrate reporting a problem to the teacher on duty.
- Teacher will go to slide station. Teacher will climb up ladder (one at a time) using hand rails and immediately slide down, facing forward, sitting up right. Teacher immediately gets off slide and returns to end of line.
- Teacher will go to the swing station. Teacher will swing (alone) in a back and forth motion on their bottom. Teacher will put feet down to stop before exiting the swing seat.
- Teacher will go to the monkey bars. Teacher will climb to appropriate height, demonstrate appropriate movements, and climb back down safely.
- Teacher will demonstrate how to participate in group activities. Teacher will demonstrate how to be a good sport, how to play fairly, and use equipment appropriately in approved areas. Teacher will demonstrate how to return all equipment to the equipment cage.

Nonexample:

- Teacher will go throughout the playground demonstrating inappropriate behaviors. Teacher will pick up a handful of rocks and throw them into the air. Teacher will mock breaking a branch off a tree. Teacher will use inappropriate language towards others.
- Teacher will butt in line, climb up the slide backwards, and go down the slide on their back, head first. Teacher will return to the beginning of the line.
- Teacher will stand in swing. Teacher will swing side to side and twist the chains on the swing. The teacher will swing high and jump out of the swing.
- Teacher will go to the monkey bars and sit on top. Teacher will jump from the top back down to the ground.
- Teacher will play kickball. The teacher will argue about the rules and not playing fairly. The teacher will kick the ball down to the bus garage and go pick it up. The teacher will line up without returning equipment to the cage.

Example: Teacher models all appropriate steps to using the playground equipment.

*All lessons are revisited as needed throughout the school year.

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Student Role Play: Students model all appropriate steps to using the playground with teacher feedback.

After the Lesson: After returning to the classroom, allow time to discuss further and answer questions. If any problems arise, re-teach the lesson or seek additional resources.